

Rubber Band Jump Rope

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Here are a couple of fun and useable toys you can make in a snap! All you need are a few household items!

Here's what you'll need:

- rubber bands



Here's what you'll do:

1. Get a bunch of rubber bands that no one needs for anything. If you are using the thick kind (like the ones pictured), you will need approximately 25 rubber bands. (It depends on how tall you are.) If you are using thinner ones, you might want to use two at a time, so your jump-rope will last longer.
2. Attach the rubber bands as shown. (Stick one through the loop of the other. Then tuck one end through its other end and pull.)



3. Keep adding rubber bands until the jump-rope comes up to your armpits when you step on the middle. Jump away!